



Jon Macaskill

Keynote speeches to help you access your potential to reach the highest levels of success.

Learn the key elements of success and how to cultivate these qualities within yourself and your team. Ensure your team performs their absolute best in both their professional and personal lives by building a solid foundation of:



preparedness



grit



resilience



compassion



Jon's keynote will empower you with the tools you need to transform your work environment into one that:

- Encourages collaboration and clear communication
- Attracts and retains hard-working individuals
- Nurtures growth, creativity, and innovation
- Thrives in the face of adversity
- Catapults you to higher levels of success

Jon is a retired Navy SEAL Commander turned leadership and mindfulness coach. During his 24-year Navy career, he served in multiple highly dynamic leadership positions from the battlefield to operations centers and the boardroom. From those experiences and his later introduction to mindfulness he has gained a wealth of knowledge about what it takes to be a great leader. He is passionate about passing that knowledge along, helping organizations and people become the best versions of themselves.



"Jon, it was an honor to spend time with you at the event. Thank you for your service and unwavering dedication to our Country, our Veterans, and to our Rolling Remembrance program. Your session with Doug Miller was amazing. Thank you!"

Jon Short
SVP/GM Global
Walmart Inc. Team
at PepsiCo



"Jon led [us] through a mindfulness meditation session, and we all walked away feeling more present and at ease. It was a pleasure and an honor to work with Jon, and I highly recommend him to anyone looking to implement a mindfulness program/practice into their company or personal lives."

Laurenne Ross
Olympic Athlete

